



Mission Helpers of the Sacred Heart  
Hermanas Misioneras Auxiliares  
del Sagrado Corazon



Dear Friend of Mission Helpers,

*It's Christmas! And angels abound. They're all around us: in our favorite Christmas carols, perched atop of trees, peeking out from Christmas cards.*

*But where are they when the bright lights and ornaments are packed away, and the carolers are silent? Where are they during the cold, bleak days of winter? Are Christmas angels just decorative reminders of the nativity story? Today's theologians tell us that angels do exist, but they are "pure spirits"—no wings, no halos. So, who are these pure spirits and what is their message for us during a Christmas season in the midst of anxiety and uncertain times?*

*We believe that the angels' message is one of hope and kindness, and we see the angel spirit in the Mission Helper Sisters working in parishes, hospitals, nursing homes and universities, as well as in the remote villages of Manzanita, Venezuela.*

*They bring hope to troubled children and families, a guiding hand in baptisms, first communions, and weddings, and consolation at times of sickness and death.*

*I especially see angels in the tender acts of our older Sisters who are no longer active in schools, parishes, hospices and social service agencies. They show kindness in so many ways to their neighbors in senior communities, reaching folks in ways that others cannot. Through their strong faith and spirit of hope, they spend time with seniors who may have lost their faith because of life's disappointments. The Mission Helpers establish a closeness that can restore lost hope and brighten the remaining years.*

*These are 21st century angels. One or more of them has probably visited your life in times of stress or times of joy! Today, we need their hope and their prayers to lead us through the uncertain days of this new year.*

*And you—our supporters and dear friends—you are the angels who make the work of OUR angels possible. We know these are hard times for many, and we ask, if possible, for your generous donation honoring our Christmas angels and the hope they bring to Christmas and the new year.*

*Together, we can lighten the burdens of so many of our sisters and brothers and share with them the Christmas message of love. Love that became enfleshed in the Word to assure all that we journey together with God among us! With the angels we sing back the song, "peace on earth and goodwill toward all."*

*We pray God's blessing on you and all the angels in your life.*



*Sister Elizabeth Langmead, MHSF*  
President

1001 West Joppa Road, Towson, MD 21204  
(410) 823-8585 • FAX: (410) 825-6355  
[www.missionhelpers.org](http://www.missionhelpers.org)